

# SKI SHEET

## ATTACH THE 'SKI SHEET' TO THE MATTRESS

Simply lay the 'SKI' sheet on the base of the bed and place mattress on the top. Attach sheet to the mattress using the elastic corner loops. Adjust for a snug fit and tuck in the end drag handles.

## STORE THE BELTS

Concertina the belts and store in the easily accessible pockets on the sides of the sheet.

## AND THERE IT STAYS

Unobtrusively but securely fixed to the mattress.

## READY FOR IMMEDIATE USE

### 1. Place Pillows

On patient's chest and legs before strapping in order:

- a) to gain maximum patient security.
- b) to strap tightly without undue pressure on patient's chest.

### 2. Pull Belts

From storage pockets (easily located, next to the corner elastic holding the sheet in place.)

### 3. Fasten Buckles

over the patient  
no hooks to catch  
no knots to learn

### 4. Tighten Straps

as tight as possible forming mattress into 'U' shape:

- a) to cocoon the patient
- b) to prevent the patient sliding
- c) to reduce area of friction
- d) to make dragging easier

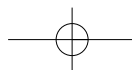
### 5. Slide Mattress Off The Bed

Using the cross straps or end handles. There is no need to lift, just guide and control the mattress, (foot end first) off the bed, and let gravity do the work.

Where side handles are fitted, these are to allow additional assistance when moving heavy patients or those needing more careful handling.

The handles are not designed for lifting.





## 6. Drag to Safety

Once on the floor, the patient can be dragged to safety even by someone untrained.

There is a large loop pull handle at each end of the 'Ski' Sheet and the strong nylon body of the 'Ski' Sheet is of such low frictional resistance that the patient can be moved quickly and easily to safety.

## 7. Even down stairs

On stairs the mattress is almost on the point of slide, so very little pull is required. Pull with one hand and hold the stairway hand rail with the other.

The patient is protected from bumps and bruises, and when safety is reached, can be left snugly wrapped in mattress and blankets until further help arrives.



# **HORIZONTAL or VERTICAL EVACUATION?** with a 'SKI' Evacuation Sheet You Can Cope!

**Use a 'SKI' Sheet** for progressive horizontal evacuation and if the fire develops or the need arises, you have the means of moving non-ambulant patients quickly and easily down stairs and fire escapes to safety. **Without a 'SKI' Sheet, stairs and fire escapes could prove to be obstacles rather than escape routes at a crucial stage in the evacuation, causing at best bottlenecks, at worst chaos and panic.**



### Product Range

**POCKET SKI** with belt storage pockets. Mattress corner loops, 2 patient securing belts with quick release buckles and end drag handles.

**POCKET MODIFIED 'SKI'**  
As pocket 'SKI' but four extra handles (2 each side)

### Laundering of 'Ski' Sheets

<b>MACHINE WASHABLE</b> Do Not Bleach	<b>TEMPERATURE</b> Drip Dry or Tumble Dry on Low Heat
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#### WASHING

When laundering does become necessary the buckles on the belts should be fastened, and a temperature of up to 80°C can be used. To protect the buckles it is recommended that the sheets should be washed in a bag wash. Thorough rinsing will ensure that no detergent deposit is left. A disinfectant may be added to the final rinse if required.

#### DRYING

A low temperature is recommended to prevent the nylon material from becoming brittle and shrinking.

#### IRONING

Providing that the foregoing instructions have been followed, Ironing should not be necessary.

